



## Self-Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Before the training:** Place a ✓ in the box that best represents your current comfort level.

**After the training:** Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	<i>Before</i>					<i>After</i>				
	1	2	3	4	5	1	2	3	4	5
<b>General</b> I am comfortable with my ability to . . .										
Recognize the characteristics of a “typically- developing” child.										
Plan activities that are appropriate for the developmental stages of the children in my care.										
<b>Understand How Children Think</b> I am comfortable with my ability to . . .										
Provide a variety of multi-sensory experiences that capture the interest of the concrete learner.										
Help children understand, appreciate, and respond to the perspectives of others.										
Respond to the needs of centered thinkers by giving clear directions, one step at a time.										
<b>Recognize Children's Strengths</b> I am comfortable with my ability to . . .										
Recognize the variations in learning styles among any group of children.										
Reach a child by providing activities that appeal to his or her learning style.										
Give children choices regularly.										
Use children’s strengths to develop their weaknesses.										
<b>Develop Self-Regulated Learners</b> I am comfortable with my ability to . . .										
Recognize and intervene in situations that arise because a child does not yet have the skills needed to be in control of his or her emotional responses.										
Model strategies that help children become skillful problem-solvers.										
Ask questions that prompt children to think about others.										