



Self-Assessment

Name: _____

Date: _____

Before the training: Place a ✓ in the box that best represents your current comfort level.

After the training: Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
General										
I am comfortable with my ability to . . .										
Use media and technology to support children's academic learning.										
Effectively integrate media within my required curricula.										
Select Media with Intention										
I am comfortable with my ability to . . .										
Select media that will support curricular goals.										
Use technology and media in intentional and developmentally appropriate ways.										
Select media that is appropriate in terms of content, children's experiences, and opportunities for engagement.										
Support Children's Viewing										
I am comfortable with my ability to . . .										
Prepare children by developing background knowledge and concepts.										
Set a clear purpose for viewing or listening.										
Promote active viewing that allows children to think and discuss.										
Help Children Reflect and Make Connections										
I am comfortable with my ability to . . .										
Help children make connections between what they see in the video and what they experience in their own lives.										
Choose follow-up activities that connect to hands-on or real-world experience.										