



Self-Assessment

Name: _____

Date: _____

Before the training: Place a ✓ in the box that best represents your current comfort level.

After the training: Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
General I am comfortable with my ability to . . .										
Create an environment that encourages young children to see themselves as individuals separate and distinct from their peers.										
Support a learning environment in which children see themselves as part of a cohesive group.										
Foster a Sense of Self I am comfortable with my ability to . . .										
Nurture children’s development of their individual <i>and</i> group identities.										
Nurture children’s awareness of their own strengths, talents, and needs.										
Enable children to develop skills that help them work and play collaboratively and appropriately with one another.										
Celebrate Differences in Others I am comfortable with my ability to . . .										
Help children recognize and value differences and similarities in themselves and others.										
Give children the appropriate language to talk about differences.										
Discuss differences openly and frankly, responding promptly to expressions of bias.										
Teach About Fairness I am comfortable with my ability to . . .										
Teach children to recognize unfairness, and to reinforce that unfairness is hurtful.										
Help children respond to stereotypes and misconceptions that affect children’s ability to work and play well together.										
Supply and model the language children need to talk about unfairness appropriately.										