



## Self-Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Before the training:** Place a ✓ in the box that best represents your current comfort level.

**After the training:** Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
<b>General</b> I am comfortable with my ability to . . .										
Build positive and collaborative relationships with families.										
Encourage families to participate actively in their child's learning.										
<b>Build Relationships with Families</b> I am comfortable with my ability to . . .										
Provide families with information about what children are learning.										
Understand the expectations each family has regarding family involvement.										
Use a variety of methods to effectively communicate with every family (e.g., bulletin board, newsletter, blog, emails).										
<b>Help Families Extend the Learning</b> I am comfortable with my ability to . . .										
Provide families with clear and explicit examples of ways to use key learning strategies and activities at home.										
Tell families how to develop daily routines that incorporate learning experiences.										
Convey to families how to find organic opportunities for learning within everyday activities.										